



# CALGARY *Kyokushin* KARATE



Dear Students and Families of Calgary Kyokushin Karate,

As the cold weather moves in, things start to heat up with Calgary Kyokushin Karate! With everyone in their Gi's and gear, the dojo is looking truly spirited and ready to train. Remember that karate Gi's and gear are available throughout the year.

November marks the beginning of our busy season at the dojo, between the wrap-up of the Kick-a-thon and the start of tournament season, there's never a dull moment!

On October 18<sup>th</sup>, 25 students gathered in Water Valley for a fantastic day of training and learning at the annual Fall Camp. Every participant went home with new knowledge, great memories, and more than a few sore muscles.

October 24<sup>th</sup> was our first officiating clinic of the year – just in time to prepare our CKK officials team for the first tournament of the year.

On October 31<sup>st</sup> we will welcome Halloween with our annual Friendship Tournament for everyone. Please make sure you've signed up, and remember everyone gets a medal!

November 2<sup>nd</sup> to 7<sup>th</sup> is Bring a Buddy to Class week – so be sure to invite your friend, parent, or sibling to join the fun at the dojo, for them to see what it's all about.

November 7th is the date of the Rocky Mountain Tournament in Cranbrook BC – one of our sister clubs. The Cranbrook club always make a huge effort to attend our events so please, let's demonstrate our support by coming together as a team and showing them what CKK is made of! Registration deadline is Nov 3<sup>rd</sup>. Please see me for further details.

The end of November will mark the beginning of our first round of grading. All students must register for grading with me in the week of Nov 8<sup>th</sup> to 14<sup>th</sup>. Details will be provided in class.

To round out the month, our fine CKK Instructors will gather once again on November 21<sup>st</sup> for session 2 of their Instructors Course. All students green belt and up are encouraged to attend!

Finally, I'd like to thank everyone for their incredible support and dedication to these first few months of the year – it's been the best fall yet and everyone is really doing great. Keep up the good work and hard training.

Yours truly,

Brad Gillespie, 3<sup>rd</sup> Dan  
Chief Instructor

NOVEMBER	
Nov 2 - 7	Bring a Buddy to Class Week
Nov 7	Rocky Mountain Tournament in Cranbrook, BC
Nov 9 - 14	Belt Grading Registration
Nov 21	Instructors Course
Nov 23 - 29	Belt Grading
UP COMING EVENTS	
Nov 30 – Dec 12	Team Tournament and Christmas Party Sign Up
Nov 30 – Dec 5	Belt Promotions
Dec 6	Vancouver Cup
Dec 19	Calgary Team Tournament
Dec 21	Christmas Party and Talent Show



Contact Information  
(403) 225-3516

[www.kyokushincalgary.ca](http://www.kyokushincalgary.ca)

***Our goal is to promote the development of strong minds, bodies and spirits of members in our community through Kyokushin Karate.***

