



CALGARY *Kyokushin* KARATE



Dear Students and Families of Calgary Kyokushin Karate,

It's April and Spring is starting to show its face. And WOW how things can change in such a short period of time.

First, we would like to again thank everyone who participate in the Calgary Cup Karate Championships on March 16th. The day was spectacular! Whether you competed, volunteered, sponsored or officiated the day simply could not have happened without you. THANK YOU again. Soon we will have images captured on the day and results available for you to see on Kyokushincalgary.ca

In April we begin our 3rd series of Elite, JR Elite and adult fight class training for the 2023/24 year. I would like to thank all who have participated in these extra training sessions. Your hard work was reflected with your results at the Calgary Cup Karate Championships. Great Job and keep working hard! Invites will be coming shortly.

Our next tournament is coming quickly and will be on April 13th in Edmonton. The Alberta Open. We would like to get as many competitors and officials as possible attending this event. Please go to the following link for information on how to register for the event.

<https://edmonton-kyokushin-karate-club.myshopify.com/pages/event-summary>

The Canadian Championships will take place on May 4 in Newton BC. If you are interested in attending this event, please contact us. You can go to the following link for more information. Registration information is at the very bottom.

<https://can1.sdkarate.ca>

April's students of the month are **Children – Jacob M, Youth – Eric A, Adult – Gary S**. These students' names have been brought forward by their instructors as having worked extra hard work over the past month. Congratulations!

Next, this month we will start working on grading elements again in class to prepare for our Spring gradings that will take place in May. You can go to our members site for the requirements. Remember to start studying the names starting NOW! Registrations will become available in the Middle of April.

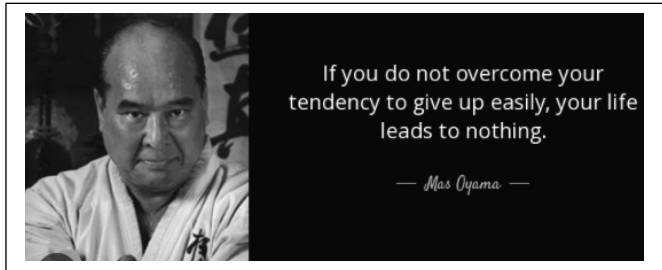
I would like to Congratulate Gary S, Kim M, Tracy H, Emily B and Amy B. They have all put their names forward to compete in the 2024 International Friendship Tournament in Japan on the 27 and 28 of April. Please join me in wishing them the best of luck!

Finally, to celebrate the dawning of spring, we will be holding our annual Spring Colouring Contest! The contest will be open to **ALL** ages, so sharpen your crayons and open the following link <http://www.kyokushincalgary.ca/colouring-contest.html>. Deadline for submissions is **Friday April 14**. **There are great prizes for the winner of each division and winners will be announced April 17th**. Please email your entries to calgarykyokushinkarate@gmail.com

As always, stay safe and THANK YOU for your continued support of our club.

Yours truly,
Brad Gillespie,
Chief Instructor, Calgary Kyokushin Karate

April 2024	
April 4	Elite Competition Session #3 Begins
April 5	Adult fight class session #2 begins 6:00-7:30 pm
April 7	Kata Self-defence Class Sempai Gary's 9:00-10:30 am Elite Competition Team Training Sempai Gary's 10:30-12:00
April 9	JR Elite Competition session begins
April 12	Adult fight class canceled
April 13	Alberta Open - Edmonton
April 14	Colouring Contest Deadline
April 21	Elite Competition Team Training Sempai Gary's 10:30-12:00
April 27-28	International Friendship Tournament. (Tokyo)
UPCOMING EVENTS	
May 4	Canadian Championships (Surrey, BC)
May 5	Grading Registrations due for Spring Grading
May 9-14	Grading for White belts with Stripes (Family and JR Classes) in Class
May 11-14	Grading for Orange Belt to Yellow Belt with Stripe – times to be announced



Our goal is to promote the development of strong minds, bodies and spirits of members in our community through Kyokushin Karate.