



OSU all,

Please find pertinent information regarding the upcoming Online Kata competition that will take place from April 24-29, 2021. Remember there are prizes for the winners!

Competition Times and Zoom Log in.

(Family Classes – Students 10 and younger)

DIVISION 1 Saturday Family Class	Saturday April 24, 9:00 am	https://us02web.zoom.us/j/86951372448
DIVISION 2 Monday Family Class	Monday April 26, 6:30 pm.	https://us02web.zoom.us/j/85649434732
DIVISION 3 Tuesday Family Class	Tuesday April 27, 6:30 pm.	https://us02web.zoom.us/j/83207189753
DIVISION 4 Thursday Family Class	Thursday April 29, 6:00 pm	https://us02web.zoom.us/j/84917877999

(Coloured Belts and Students 11 years and older)

DIVISION 5 White Belts & White Belt with any Stripe (11 years and older)	Monday April 26, 6:30 pm	https://us02web.zoom.us/j/82533843327
DIVISION 6 Orange Belt (10 th Kyu)	Monday April 26, 6:30 pm	https://us02web.zoom.us/j/82533843327
DIVISION 7 Orange Belt with Stripe (9 th Kyu)	Monday April 26, 7:40 pm	https://us02web.zoom.us/j/89579247222
DIVISION 8 Blue Belt & Blue Stripe (8 th & 7 th Kyu)	Monday April 26, 7:40 pm	https://us02web.zoom.us/j/89579247222
DIVISION 9 Yellow Belts (6 th Kyu)	Monday April 26, 7:40 pm	https://us02web.zoom.us/j/89579247222
DIVISION 10 Yellow Belts with Stripe & Green Belt (5 th Kyu & 4 th Kyu)	Tuesday April 27, 7:40 pm.	https://us02web.zoom.us/j/86865839489
DIVISION 11 Green Stripe and above	Tuesday April 27, 7:40 pm.	https://us02web.zoom.us/j/86865839489

Competitors in the family classes (Divisions 1-4) that are 10 and younger will be required to perform only one Kata. – see below
 Competitors in Divisions 5-11 will be required to perform (1) Mandatory Kata and (1) Optional Kata – see list below

KATA COMPETITION SELECTION LIST

DIVISION 1 – 4	Family Classes – Students 10 and younger	MANDATORY – Kata 1	(click here to see video of Kata #1)
DIVISION 5	White Belts & White Belt with any Stripe (11 years and older)	MANDATORY – Kata 1	OPTIONAL Taikyoko 1,2 Sokugi 1
DIVISION 6	Orange Belt (10th Kyu)	MANDATORY – Taikyoko 1	OPTIONAL Taikyoko 2,3 Sokugi 1-3
DIVISION 7	Orange Belt with Stripe (9th Kyu)	MANDATORY – Taikyoko 3	OPTIONAL Taikyoko 2,3 Sokugi 1-3 Pinan 1
DIVISION 8	Blue Belt & Blue Stripe (8th & 7th Kyu)	MANDATORY – Pinan 1	OPTIONAL Pinan 2,3,4 Sanchin, Yantsu
DIVISION 9	Yellow Belts (6th Kyu)	MANDATORY – Pinan 3	OPTIONAL Pinan 4, Yantsu, Tsuki no Kata
DIVISION 10	Yellow Belts with Stripe & Green Belt (5th Kyu & 4th Kyu)	MANDATORY – Pinan 4	OPTIONAL Pinan 5, Tsuki no Kata, Geki Sai1,2
DIVISION 11	Green Stripe and above	MANDATORY – Geki Sai 1	OPTIONAL Geki Sai 2,3(sho) Saifa, Seienchin Bassai

Our goal is to promote the development of strong minds, bodies and spirits of members in our community through Kyokushin Karate.