



CALGARY *Kyokushin* KARATE



Dear Students and Families of Calgary Kyokushin Karate,

It's almost April and Spring is starting to show its face. And WOW how things can change in such a short period of time.

First, we would like to again thank everyone who participate in the Calgary Cup Karate Championships on March 15th. The day was spectacular! Whether you competed, volunteered, sponsored or officiated the day simply could not have happened without you. THANK YOU again. Soon we will have images captured on the day and results available for you to see on Kyokushincalgary.ca

We would also like to congratulate Cade M for doing such a great job on the first part of his quest for shodan (Black belt) at the IKOKC winter camp that was held in February. Thank you all who attended, you all did a great job representing our club and supporting Cade.

Starting on March 27th we begin our 3rd series of Elite, JR Elite and adult fight class training for the 2024/25 year. I would like to thank all who have participated in these extra training sessions. Your hard work was reflected with your results at the Calgary Cup Karate Championships. Great Job and keep working hard! Invites will be coming shortly.

Our next tournament is coming quickly and will be on April 12th in Edmonton. The Alberta Open. We would like to get as many competitors and officials as possible attending this event. Please go to the following link for information on how to register for the event. This year you will need to get (at no cost) smoothcomp membership to register for the event. Details in the link.

<https://edmonton-kyokushin-karate-club.myshopify.com/pages/event-summary>

The Canadian Championships will take place on May 10 in Delta BC. If you are interested in attending this event, please contact us. You can go to the following link for more information. Registration will open soon.

<https://can1.sdkarate.ca>

April's students of the month are **Children – Piper G , Youth – Zachary V, Adult – Wai L**. These students' names have been brought forward by their instructors as having worked extra hard work over the past month. Congratulations!

Next, this month we will start working on grading elements again in class to prepare for our Spring gradings that will take place in May. You can go to our members site for the requirements. Remember to start studying the Japanese names NOW! Registrations will become available in the Middle of April.

We would like to congratulate Connor M who will be competing in Japan at the 2025 International Friendship Tournament at the end of April. Please join us in wishing him the best of luck!

Next, I would personally like to extend my extreme gratefulness to all our instructors. Your everlasting commitment and dedication to instructing and caring for our students has allowed me the opportunity and freedom to take some personal trips this year. THANK YOU SOOO MUCH!

Finally, to celebrate the dawning of spring, we will be holding our annual Spring Colouring Contest! The contest will be open to **ALL** ages, so sharpen your crayons and open the following link <http://www.kyokushincalgary.ca/colouring-contest.html> . Deadline for submissions is **Wednesday April 13th**. There are great prizes for the winner of each division and winners will be announced **April 21st**. Please email your entries to calgarykyokushinkarate@gmail.com

As always, stay safe and THANK YOU for your continued support of our club.

Yours truly,
Brad Gillespie,
Chief Instructor, Calgary Kyokushin Karate



April 2025	
March 27	Elite Competition Session #3 Begins
March 28	Adult fight class session #3 begins 7:00-8:30 pm
March 30	Elite Competition Team Training Sempai Gary's 10:30-12:00
April 1	JR Elite Competition session #3 begins
April 6	9:00 am IKOKC Online training Elite Competition Team Training Sempai Gary's 10:30-12:00
April 11	Adult fight class canceled
April 12	Alberta Open - Edmonton
April 14	JR Grading Registration Opens
April 18-21	All Classes canceled for EASTER WEEKEND
April 26-27	International Friendship Tournament. (Tokyo)
April 27	Elite Competition Team Training Sempai Gary's 10:30-12:00
UPCOMING EVENTS	
May 1	JR Grading Registrations due for Spring Grading
May 3,5,6,15	Grading for White belts with Stripes (Family and JR Classes) in Class
May 4	Kata & Self Defense Class Sempai Gary's 9:00 am-10:30 am - drop-in rate applies Elite Competition Team Training Sempai Gary's 10:40-12:10 SPRING CLEAN UP SWIFT RESIDENCE 12:30 - 4:00
May 6	JR Elite fight class canceled
May 10	Canadian Championships (Delta BC)
May 12, 20 - 25	Grading for Orange Belt to Yellow Belt with Stripe – times to be announced
May 25	Grading Green Belt and above (must have instructor permission) Reg forms available May 6, due May 20

Our goal is to promote the development of strong minds, bodies and spirits of members in our community through Kyokushin Karate.