



CALGARY *Kyokushin* KARATE



Dear Students and Families of Calgary Kyokushin Karate,

It's almost April and Spring is starting to show its face. And WOW how things can change in such a short period of time.

First, we would like to again thank everyone who participate in the Calgary Cup Karate Championships on March 14th. The day was spectacular! Whether you competed, volunteered, sponsored or officiated the day simply could not have happened without you. THANK YOU again. Images captured on the day are available for you to see on Kyokushincalgary.ca

We would also like to congratulate Spencer G, Gabe K and Connor M for doing such a great job on the first part of their Yudansha (Black Belt) grading at the IKOKC winter camp that was held in February. Thank you to all who attended, you all did a great job representing our club and supporting our candidates.

Next, we are starting our 3rd series of Elite, JR Elite and adult fight class training for the 2025/26 year. I would like to thank all who have participated in these extra training sessions. Your hard work was reflected with your results at the Calgary Cup Karate Championships. Great Job and keep working hard!

Our next tournament is coming quickly and will be on April 11th in Edmonton. The Alberta Open. We would like to get as many competitors and officials as possible attending this event. Please go to the following link for information on how to register for the event. You will need to use your smoothcomp membership to register for the event. Details in the link.

<https://edmonton-kyokushin-karate-club.myshopify.com/>

The Canadian Championships will take place on May 30 in Delta BC. If you are interested in attending this event, please contact us.

April's students of the month are **Children – Hiroki N, Youth – Jehoshua K, Adult – Leo J**. These students' names have been brought forward by their instructors as having worked extra hard work over the past month. Congratulations!

Next, this month we will start working on grading elements again in class to prepare for our Spring gradings that will take place in May. You can go to our members site for the requirements. Remember to start studying the Japanese names NOW! Registrations will become available in the Middle of April.

We would like to congratulate Connor M who will be leaving for Japan next week to train for one month before competing in the International Friendship in Japan. Also competing will be Gary S, Kim F, Tracy H, Tomonari N, Cade M, Rowan M, Shogo N and Takeru N.. Please join us in wishing them all the best of luck!

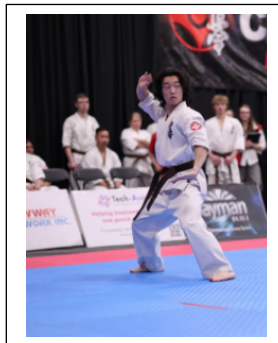
Next, I would personally like to extend my extreme gratitude to all our instructors. Your everlasting commitment and dedication to instructing and caring for our students has allowed me the opportunity and freedom to take some personal trips this year. THANK YOU SOOO MUCH!

Finally, to celebrate the dawning of spring, we will be holding our annual Spring Colouring Contest! The contest will be open to **ALL** ages, so sharpen your crayons and open the following link <http://www.kyokushincalgary.ca/colouring-contest.html> . Deadline for submissions is **Monday April 13th**. There are great prizes for the winner of each division and winners will be announced April 21st. Please email your entries to calgarykyokushinkarate@gmail.com

As always, stay safe and THANK YOU for your continued support of our club.

Yours truly,
Brad Gillespie,
Chief Instructor, Calgary Kyokushin Karate

April 2026	
March 31	JR Elite Competition session #3 begins
April 3-6	CLASSES CANCELED, EASTER
April 11	Alberta Open - Edmonton
April 19	IKOKC ONLINE TRAINING - 9:00-10:00 Sempai Garys (Yellow Belt & above) Elite Competition Team Training Sempai Gary's 10:30-12:00
April 26	Kata & Self Defense Class Sempai Gary's 9:00 am-10:30 am Elite Competition Team Training Sempai Gary's 10:30-12:00
April 27	JR Grading Registration Opens
UPCOMING EVENTS	
May 5-6	International Friendship Tournament - Japan
May 9	Coloured Belt Grading Registration Opens
May 12	JR Elite fight class canceled
May 9-14	Grading for White belts with Stripes (Family and JR Classes) in Class
May 16-18	CLASSES CANCELED, VICTORIA DAY
May 19, 23	Grading for Orange Belt to Yellow Belt with Stripe – times to be announced
May 23	Grading Green Belt and above (must have instructor permission)



Our goal is to promote the development of strong minds, bodies and spirits of members in our community through Kyokushin Karate.