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CALGARY Kyokushin KARATE

Dear Students and Families of Calgary Kyokushin Karate,

Wow, it's June! It's hard to believe that we have reached the last month (sorry for the late newsletter) of our regular training year. June is anything but dull. Here are a few things still happening this month.

A big congratulations goes out to everyone stepping up to the challenge of Spring grading. Regardless of your outcome, we are very proud of you. As you reflect on your grading experience, always remember to compare yourself not to others, but rather to yourself as you were yesterday. Promotions are currently taking place during class times. Congratulations!!!

Parents – it's time for you to experience how hard your children have been working all year. From June 15th – 20th we will be having our "bring your parents to class days." These sessions will take place in the family classes. All you need is comfortable clothing and a good attitude. We look forward to seeing you at class!

CONGRATULATIONS to our May students of the month! Again, these students have been recognized by their instructors for continually working hard in every class they attend. **Tyler K (Children), Natalia C (Youth),** and **Daniel H (Adult)**. Great job everyone! Also a little late but the prizes for the winners of our Spring Colouring contest will be handed out this week in class. Thanks to everyone who submitted an entry.

In March we held the 2026 Calgary Cup Karate Championships. You can now go to our website and access the many of hundreds of images taken on that day. A special and immense THANK YOU goes out to Daniel Heath for his time and keen eye in capturing this special day for us. Please be responsible with these images and give Daniel credit if posting. Thank you!

Next, Saturday June 20th will be the last day of regular classes. If you are interested in training this summer we are offering a general class (Open to all students that are in JR advanced classes and coloured belt classes – please contact us for exceptions) Classes will be on Wednesday evenings from 6:30 – 8:00pm (Lake Bonavista -fitness room) We will be starting on June 24 – August 19 (No class July 1) a total of 8 sessions over the summer. Registration will be online in the next few days. Cost will be $130 for all sessions. Space is limited.

We are now planning our annual Calgary Summer Festival which will be held on the 14-16th weekend of August – stay tuned for more details. This is a great family friendly weekend event for everyone that is held out at Sempai Garys' acreage! Camping available for those who wish to camp out! A separate Email will come out in the next few weeks to register for this amazing family weekend. (YOU DO NOT WANT TO MISS THIS! – SAVE THE DATES!!)

The IKOKC Summer Camp will be held on the August long weekend in the north Okanagan this year. Please join us in wishing Sempai Connor, Sempai Gabe and Sempai Spencer the best of luck in the final part of their Black Belt exams, which will take place at this camp. If you would like to attend please contact us for details.

Early registration for our 2026/2027 season will be open June 14th and will be open until June 30 on the Zen Planner *Member Connect* page**. Spots will be held until June 30th and will then be filled on a first come first served basis. Those who register Early will receive a Special Gift in the Fall (Open to current members only). This year we are also offering a discounted rate for those who commit to the entire year.** Please go to **sign up tab** on the left on the Zen Planner *Member Connect* page to register. Individuals who have not already done so will also be required to sign up for a free smoothcomp membership to complete their registration. Please remember space is limited in most of our classes and fill up fast. More information on Early registration to come!

Finally, it's been a fantastic year and we want to thank each and every one of you for your extra hard work and dedication this year. We look forward to seeing you all again next season. We will be sending you a survey in the next while, if you could please give us your feedback and ideas it out it would truly be appreciated. It is only because of your dedication and our amazing instruction team that we are successful. THANK YOU.

Yours truly,

Brad Gillespie,
Chief Instructor Calgary Kyokushin Karate

June 2026	
June 7	12:10 (Last Sunday Class)
June 9	Last JR Elite class
June 13	Instructor appreciation BBQ (Invite only)
June 15	Pre-registration for 2026/2027Classes begins
June 15-20	Bring your parents to class (Family classes)
June 17	Last session of Adult fight class
June 18	Last Elite competition team class
June 19-21	IKOKC Brown & Black Belt Camp (Armstrong BC)
June 21	Last Day of classes
June 24	First day of summer Session (Wednesdays Lake Bonavista)
Summer 2026	
July 1	Summer class cancelled – CANADA DAY!
July 31-August 3	IKOK-C Summer camp Enderby, BC
August 14-16	Calgary Summer Festival
August 19	Last day of Summer Classes
August 26, September 1, 3	Instructor sessions
September 8	Fall Classes resume

Our goal is to promote the development of strong minds, bodies and spirits of members in our community through Kyokushin Karate.

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